



imagine a child's capacity

Autism Training Series

FALL 2009/SPRING 2010 TRAINING DATES AND TOPICS

October 5, 2009: Developing Supportive Classroom Environments-Making General Education Classrooms Work

Many of the strategies that we currently use to support individuals on the autism spectrum are easily adapted for use in the classroom setting. Entire classrooms can benefit from adding sensory supports, visual supports, emotional regulation supports and multi-modal teaching strategies. Participants will learn many functional tools to utilize within the general education curriculum to support ALL students.

November 13, 2009: Understanding Sensory Regulation

The fact that people on the autism spectrum need assistance across their day and across environments to regulate and maintain their arousal systems is finally well accepted by most family members and classroom teachers/staff. This session will include an explanation of how individuals on the spectrum may experience the world differently. It will also offer a menu of ideas that people can learn to access themselves in their homes and classrooms to help them regulate and maintain focus.

January 14, 2010: Supporting Individuals Who are Less Verbal

Participants will be introduced to the critical questions to ask when determining what kinds of visual and augmentative systems (both expressive and receptive) to develop to support all levels of students on the autism spectrum. They will interact with various systems, and then demonstrate techniques for teaching the use of such systems in school and community environments.

Mail registration form below to:

14 Ellis Potter Ct.
Madison, WI 53711
Fax 608-204-6249

Questions contact Karl Pierick:
608-204-6247
kpierick@icc-wi.org

February 9, 2010: Understanding and Supporting Emotional Regulation

Participants will learn why and how emotional regulation may be challenging for individuals on the autism spectrum. Participants will also examine what behaviors we might see when emotional dysregulation occurs. Strategies for assisting individuals with autism spectrum disorders to regulate, recognize and communicate emotions will be presented and practiced.

April 15, 2010: Stress Management for Individuals with Autism

Many individuals with autism may experience stress and anxiety as a constant in their daily life. This workshop will provide practical and easy to use strategies that can be used to promote emotional well being. Participants will learn how to use affirmations, deep breathing, cognitive picture rehearsal, guided visualization and yoga as ways to enhance self-esteem, reduce stress, develop coping strategies and improve learning.

Presented By:

**Sharon Hammer, MS; Lisa Hoeme, MS, CRC
Lisa Ladson, BCABA; Sue Trace, M.Ed, OTR**

Other Information:

Cost:

- \$100.00 per day, multiple day discounts available

Time:

- 9:00-3:00

Location:

- Madison area, to be determined

COLLEGE CREDIT AVAILABLE!!!

Registration Form

Name _____

Address _____

Phone _____

Email _____

Select Training(s):

- Supportive Classroom Environments
- Sensory Regulation
- Supporting Less Verbal Individuals
- Emotional Regulation
- Stress Management

Multiple Day Discounts:
Subtract \$50.00 for 3 trainings
Subtract \$75.00 for 5 trainings

Date

10/5	\$100.00
11/13	\$100.00
1/14	\$100.00
2/9	\$100.00
4/15	\$100.00

Subtotal: _____

Discount: _____

Total: _____

Price

Method of Payment

- Visa MasterCard
- Check (payable to ICC)

Credit Card # _____

Expiration Date _____

3 digit security code _____

Signature _____